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WARWICK FOREST

Active retirement living by Riverside

expect more out of retirement

cultivate more smiles

Whether catching up over an afternoon bite or racing to catch a morning aqua aerobics class, smiles abound in even the simplest moments at Warwick Forest.



shape your habits

Diving into a healthy lifestyle couldn't be easier or more exciting with state of the art wellness facilities, high energy group exercise classes, one-on-one training and even a lighter fare menu in our restaurant.



explore your backyard

History. Nature. Concerts. Theater. Limitless experiences of every size and taste are waiting right here on the Peninsula. Choose your adventure and start exploring!



indulge in culinary excellence

Despite our easygoing environment, we take our fare seriously. Inspired meals prepared by our Executive Chef plus full service dine-in and carry-out options are just the beginning of your delicious — and daily! — culinary experiences.

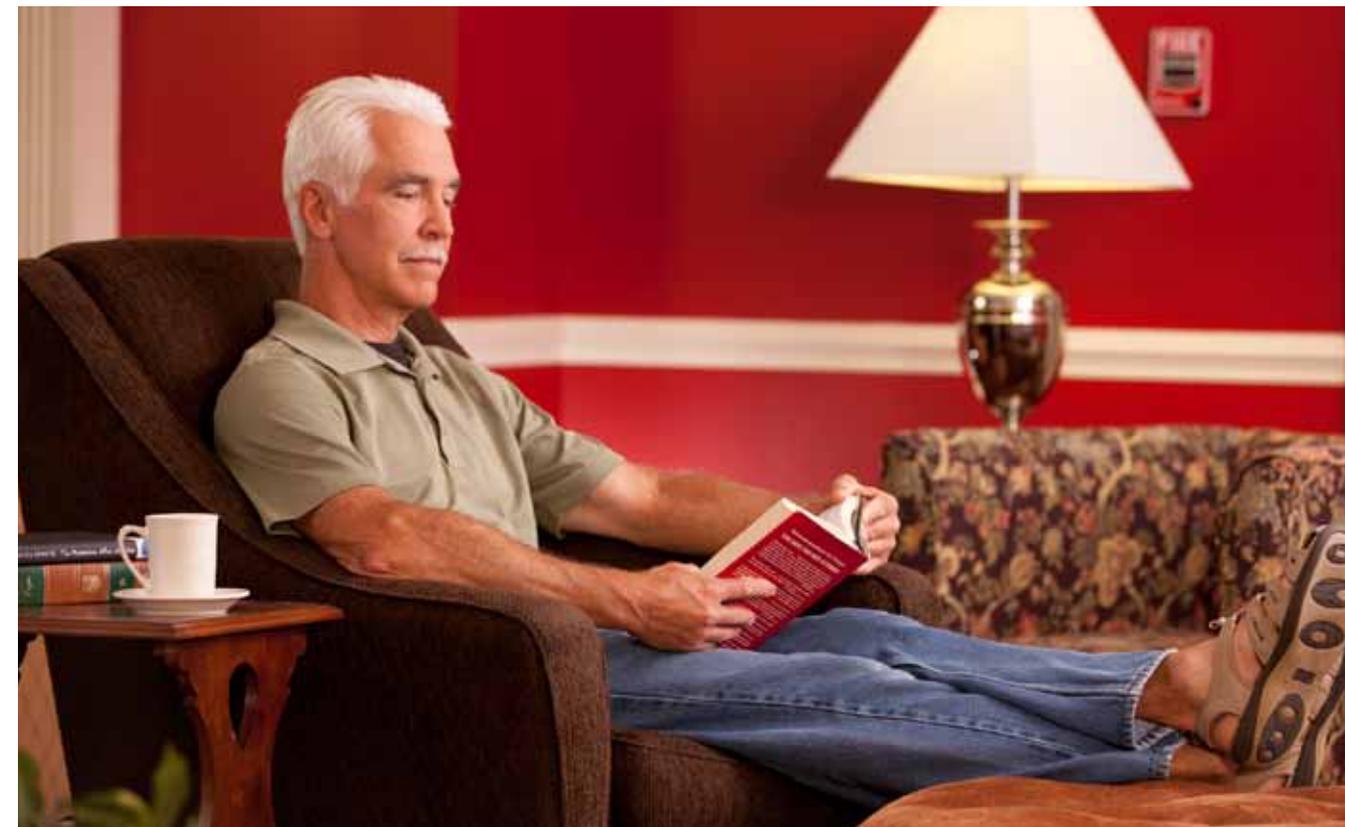


celebrate the everyday

Here's a toast to knowing the lifestyle you want and going after it. Warwick Forest offers the luxurious amenities, cherished friendships and thoughtful conveniences to enjoy a life well lived.



compose your own story



Warwick Forest has been home to neighbors like you for over 25 years, while this fascinating area has been home to Virginians since the very beginnings of our nation. We're close to important military bases like Ft. Eustis and Langley Air Force Base. Nearby Yorktown, Williamsburg and Jamestown attract residents for an afternoon of shopping, an evening of live music or theater or a weekend of historical exploration.

Every day your life is enriched by the cultural and lifelong education programs of nearby Christopher Newport University. Without traveling more than a few steps, you can also enjoy a host of ever-changing special events — lectures, billiards, tournaments, concerts, dances, and you won't want to miss our fabulous parties.

Of course you *could* spend a quiet night inside, but at Warwick Forest, you'll never have to.

seize the opportunity

Warwick Forest has always offered the amenities and impeccable quality of services that make this an exceptional Continuing Care Retirement Community. As such, a full continuum of care is provided on our campus, including;

- Keswick Place and The Nottingham Assisted Living.
- The Evergreen Memory Support Household.
- The Gardens at Warwick Forest for 24/7 nursing care, short-term skilled rehabilitation and other health services.

You also have access to the on-site health clinic and our full-time Medical Director, Dr. Emmeline Gasink, and her dedicated medical staff for those days when you're not feeling 100 percent.

Even more, Warwick Forest boasts a unique backing by Riverside Health System, a not-for-profit health corporation known for financial security, cutting edge lifelong health programs and a near century-long presence in Eastern Virginia.



Dr. Emmeline Gasink,
Warwick Forest Medical Director



design a future that fits



Everyone has a personal vision of their ideal retirement. That's why we offer apartments and cottages in many different shapes and sizes to suit every need. After that, the real fun begins with your choice of colors and finishes for everything from paint to floor coverings to cabinets to countertops to tiles and light fixtures.

In fact, even our financial plans provide options. Choose LifeCare if you want a significant discount over the market rates on future health costs, should you ever need it. Or choose a LifePlan agreement if you have long-term care insurance or other plans in place. Rates vary, giving you the opportunity to choose exactly the right plan for you.





initiate the next step

If you're ready to experience a maintenance-free, worry-free, upscale yet casual lifestyle all day, every day, don't wait.

Contact us today to begin planning your next steps.



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