

Portions of web site written by Natalie Noa

## **OUR SERVICES**

The Center for Excellence in Aging and Geriatric Health is here to help you and your loved ones make dignified and responsible decisions regarding your health and wellbeing. We understand that some of the concerns brought on by aging can be quite complex. CEAGH provides you with Geriatric Assessment and Driving Evaluation services tailored to the unique needs of aging adults and their families.

### **GERIATRIC ASSESSMENT CLINIC**

Located within the Center for Excellence, the Geriatric Assessment Clinic provides comprehensive health screenings and medical tests for senior adults. The assessment is typically covered by Medicare and other major health insurance companies. All you have to do is obtain a referral from your primary doctor before your assessment. Below is a detailed list of the types of procedures you will undergo at your assessment:

- An evaluation conducted by a geriatrician focusing on memory loss, incontinence, fall risk, depression, and medication issues
- An assessment conducted by a neuropsychologist to determine strengths and weaknesses in thinking and memory
- A presentation of recommended strategies for families and caregivers individualized to the findings of your assessment
- Relevant referrals to community resources for continued support

The assessment may take several hours; you may wish to bring a snack or lunch. We also recommend that you bring a family member or close friend with you.

Once completed, the results of your assessment will be sent to your primary care physician. You will also be given a summary of your results.

To learn more about the Geriatric Assessment Clinic or to schedule an appointment, contact us at (757) 220-4751 or [info@excellenceinaging.com](mailto:info@excellenceinaging.com).

### **DRIVING EVALUATION**

A major concern for aging adults and their families is safety, especially on the road. CEAGH's Driving Evaluations are designed to provide you and your loved ones with an unbiased assessment of your ability to operate a motor vehicle. After individual testing in our state-of-the-art driving simulator, our professionals will be able to offer objective driving tips that will keep you and other drivers safe.

You will be given a copy of your report to keep, and, if desired, a report will be sent to your primary care doctor.

To learn more about the Driving Evaluation or to schedule an appointment, contact us at (757) 220-4571 or [info@excellenceinaging.com](mailto:info@excellenceinaging.com).