



With the region's largest continuum of services, Hillcrest Health Services uniquely enhances the lives of aging adults. Learn more about our family of services by visiting in person or online at [hillcresthealth.com](http://hillcresthealth.com).

*"We can do no great things,  
Only small things with great love."*

- Mother Theresa

If you are looking for ways to give back to your community, spending your time and energy enhancing the lives of aging adults is one of the most engaging — and enjoyable! — ways to volunteer.

### Why Volunteer?

Our volunteers constantly tell us that their experience has had a greater impact on their life than those they serve. Volunteering provides profound personal satisfaction as you improve the lives of others. Working with patients, families and team members can help you discover your true passion as your time and talents are transformed into an indelible mark on the life of someone else.

With so many events and special programs, there is always opportunity for an extra pair of helping hands. Commitments can range from a single experience to regular daily or weekly hours.



### Our Family of Services:

#### REHABILITATION

- Hillcrest Health & Rehab
- Hillcrest Physical Therapy & Wellness
- Hillcrest Home Care  
*(Skilled Nursing and Therapy)*

#### SENIOR LIVING

- Hillcrest Country Estates
- Hillcrest Mable Rose
- Hillcrest Victoria Gardens

#### HOME & COMMUNITY SERVICES

- Hillcrest Home Care  
*(Private Duty Personal Care & Skilled Nursing)*
- Hillcrest Hospice Care
- The Club *(Adult Day Services)*

4-13

### Volunteer Programs



*Give a Little. Get A Lot.*





## Hospice: A Special Kind of Volunteer

*The last good thing that may happen in a person's life is a Hospice volunteer.*



### Volunteer Opportunities

Whether your talent lies in performing arts, education or even organization, Hillcrest has a place for you to serve that will complement your interests and abilities. Connect with your community through musical entertainment, one on one visits, Bible studies, chaperoning outings, facilitating art projects, giving an informational lecture or other creative opportunity.

We also welcome younger volunteers from schools, churches and other organizations to take part in our innovative Intergenerational Programs.



Hillcrest Hospice Care is a holistic approach to end-of-life care and promotes the dignity and quality of life for aging adults. As a Hospice volunteer, you can help us support and care for patients and families when they need it most. Through one on one visits, our volunteers provide conversation, companionship and other talents to enhance the lives of Hospice patients.

Hospice Volunteers assist patients by providing compassionate non-medical care; offering companionship; becoming involved in patients' favorite hobbies or activities; reading from favorite books, newspapers or Scripture; and writing journals, letters or memories to pass on to loved ones.

Our *No One Dies Alone* program assists dying patients with a reassuring presence when they would otherwise be alone, and our Veteran-to-Veteran program pairs Veteran volunteers with Veteran Hospice patients to reminisce and share life stories.

Hospice volunteers are extraordinary because they serve in a person's greatest hour of need — as the end of life approaches. But this special kind of volunteering isn't for everyone. Due to the unique and sensitive nature of Hospice care, we encourage Hospice volunteers to make a commitment of at least a year. After an application and background check are completed, appropriate candidates will be contacted for an interview. In turn, Hospice volunteers will receive in-depth training and unconditional support as they work with our patients and families.

If you would like more information on joining our caring Hospice family, please contact Hillcrest Hospice Volunteer Services at **(402) 934-2376** or email [volunteers@hillcresthealth.com](mailto:volunteers@hillcresthealth.com).



### Make a Lasting Impact. Start Today.

Volunteering with Hillcrest will not only affect the lives of residents, patients, and their loved ones, it will change your life, too. If you would like more information on joining our dedicated team of volunteers, please contact our Director of Volunteers at **(402) 682-4232** or [volunteers@hillcresthealth.com](mailto:volunteers@hillcresthealth.com).